

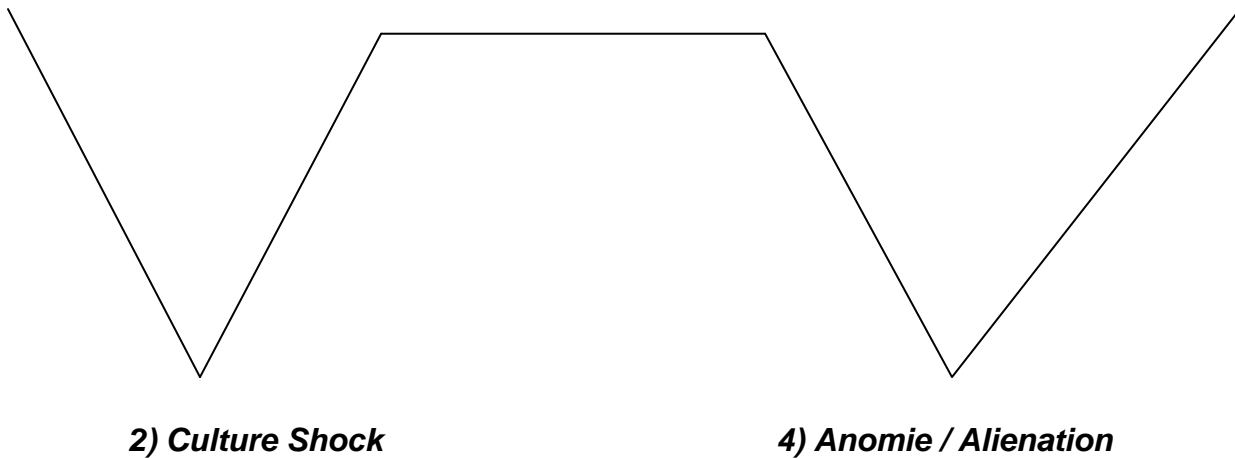
ACCULTURATION

THE ADJUSTMENT PROCESS TO A NEW CULTURE

1) *Euphoria*
(Honeymoon period)

5) *Acceptance and
Adaptation*

3) *Initial Adjustment*



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| 1) Euphoria: | The excitement of the new and different initially makes people feel elated in a new culture |
| 2) Culture Shock: | The individual is immersed in new problems |
| 3) Initial Adjustment: | Everyday activities and basic needs are no longer major problems |
| 4) Anomie / Alienation: | Individuals are often away from family and friends and have not had the time to make new friends |
| 5) Acceptance and Adaptation: | A routine has been established and the habits, customs and characteristics of the new culture are accepted while maintaining the native culture and language |

This information was adapted from Beyond Language, Intercultural Communication for English as a Second Language. Deena R. Levine and Maram B. Adelman, Prentice-Hall, Inc. Englewood Cliffs, New Jersey.